

Activity PACK



festive edition

#BeatTheBoredom



WELCOME to your personal MSV “Beat the Boredom” Activity Pack

We, at MSV, want you to stay active physically and mentally and enjoy a variety of activities that you can do on your own

This Festive themed activity pack includes ways to help you relax and stay active, we’ve also got some great ideas on preparing healthy hearty winter warmers to enjoy during the cold evenings

Don’t worry, we have also included your favourites... word searches, crosswords, Sudoku, quizzes, trivia and colouring. Please speak to your scheme manager if you need access to coloured pens etc. If you have any suggestions for future activities, we want to hear from you



ENJOY and STAY SAFE

SPREADING THE FESTIVE CHEER...



Winter Wonderland

Sleigh bells ring
are you listening
in the lane
snow is glistening
A beautiful sight
we're happy tonight
walking in a winter wonderland

Gone away is the bluebird
here to stay is a new bird
He sings a love song
as we go along
walking in a winter wonderland

In the meadow we can build a snowman
Then pretend that he is Parson Brown
He'll say: Are you married?
we'll say: No man
But you can do the job
when you're in town

Later on
we'll conspire
as we dream by the fire
To face unafraid
the plans that we've made
walking in a winter wonderland

In the meadow we can build a snowman
and pretend that he's a circus clown
We'll have lots of fun with mister snowman
until the the other kids knock him down

When it snows
ain't it thrilling
Though your nose gets a chilling
We'll frolic and play
the Eskimo way
walking in a winter wonderland

Walking in a winter wonderland
walking in a winter wonderland





SPREADING THE FESTIVE CHEER...

The Twelve Days of Christmas

On the first day of Christmas

my true love sent to me:
A Partridge in a Pear Tree

On the second day of Christmas

my true love sent to me:
2 Turtle Doves
and a Partridge in a Pear Tree

On the third day of Christmas

my true love sent to me:
3 French Hens, 2 Turtle Doves
and a Partridge in a Pear Tree

On the fourth day of Christmas

my true love sent to me:
4 Calling Birds, 3 French Hens, 2 Turtle Doves
and a Partridge in a Pear Tree

On the fifth day of Christmas

my true love sent to me:
5 Golden Rings, 4 Calling Birds
3 French Hens, 2 Turtle Doves
and a Partridge in a Pear Tree

On the sixth day of Christmas

my true love sent to me:
6 Geese a Laying, 5 Golden Rings
4 Calling Birds, 3 French Hens, 2 Turtle Doves
and a Partridge in a Pear Tree

On the seventh day of Christmas

my true love sent to me:
7 Swans a Swimming
6 Geese a Laying, 5 Golden Rings
4 Calling Birds, 3 French Hens, 2 Turtle Doves
and a Partridge in a Pear Tree

On the eighth day of Christmas

my true love sent to me:
8 Maids a Milking, 7 Swans a Swimming
6 Geese a Laying, 5 Golden Rings
4 Calling Birds, 3 French Hens, 2 Turtle Doves
and a Partridge in a Pear Tree

On the ninth day of Christmas

my true love sent to me:
9 Ladies Dancing
8 Maids a Milking
7 Swans a Swimming, 6 Geese a Laying
5 Golden Rings, 4 Calling Birds
3 French Hens, 2 Turtle Doves
and a Partridge in a Pear Tree

On the tenth day of Christmas

my true love sent to me:
10 Lords a Leaping
9 Ladies Dancing
8 Maids a Milking, 7 Swans a Swimming
6 Geese a Laying, 5 Golden Rings
4 Calling Birds, 3 French Hens
2 Turtle Doves
and a Partridge in a Pear Tree

On the eleventh day of Christmas

my true love sent to me:
11 Pipers Piping, 10 Lords a Leaping
9 Ladies Dancing, 8 Maids a Milking
7 Swans a Swimming, 6 Geese a Laying
5 Golden Rings, 4 Calling Birds
3 French Hens, 2 Turtle Doves
and a Partridge in a Pear Tree

On the twelfth day of Christmas

my true love sent to me:
12 Drummers Drumming
11 Pipers Piping
10 Lords a Leaping
9 Ladies Dancing
8 Maids a Milking
7 Swans a Swimming
6 Geese a Laying
5 Golden Rings
4 Calling Birds
3 French Hens
2 Turtle Doves
and a Partridge in a Pear Tree



SPREADING THE FESTIVE CHEER...



Rockin' Around The Christmas Tree

Rocking around the Christmas Tree
at the Christmas party hop
Mistletoe hung where you can see
Ev'ry couple tries to stop

You will get a sentimental feeling When you hear voices singing
"Let's be jolly; Deck the halls with boughs of holly"

Rocking around the Christmas Tree
Have a happy holiday
Everyone's dancing merrily
In a new old fashioned way

Rocking around the Christmas Tree
Let the Christmas Spirit ring
Later we'll have some pumpkin pie
and we'll do some caroling

You will get a sentimental feeling When you hear voices singing
"Let's be jolly; Deck the halls with boughs of holly"

Rocking around the Christmas Tree
Have a happy holiday
Everyone's dancing merrily
In a new old fashioned way





SPREADING THE FESTIVE CHEER...

White Christmas

I'm dreaming of a White Christmas
Just like the ones I used to know
Where the treetops glisten
and children listen
To hear sleigh bells in the snow.

I'm dreaming of a white Christmas
With every Christmas card I write
May your days be merry and bright
And may all your Christmases be white.

I'm dreaming of a white Christmas
Just like the ones I used to know
Where the treetops glisten
And children listen
To hear sleigh bells in the snow

I'm dreaming of a white Christmas
With every Christmas card I write
May your days be merry and bright
And may all your Christmases be white



FESTIVE CELEBRATIONS



Fun FACTS about Christmas



On the 16 December 1965, the song 'Jingle Bells' made history by becoming the **first song to be played in space** during NASA's Gemini 6A space flight.

Oliver Cromwell banned the Pagan holiday of Christmas for 12 years from 1647 in the UK. The ban was only lifted in Oklahoma USA in 1907, some parts of the US, **Christmas was banned for over 260 years!**

Queen Victoria was the first official person to send a Christmas card, but the first commercial card came in 1843 when Sir Henry Cole produced 1000 and sold them for one shilling each.

'**We Wish You A Merry Christmas**' was sung by lower-class servants as they demanded alcohol from their masters during the festive period. The lyric 'We won't go until we get some' was used to get their point across.

There is a lesser known legend which says candy canes date back to 1670 when a choirmaster in Germany **gave out sugar sticks to the choirboys to keep them quiet** during services.



Christmas tree decorating goes back to the ancient Egyptians and Romans, who decorated using evergreens during the winter solstice to signify that spring would return.

The **Dutch gave us the idea to leave cookies and milk**. On St. Nicholas' feast day (6 December), Dutch children leave him food and drink in exchange for the gifts he leaves overnight.

Rudolph was a marketing ploy. In 1939 the Montgomery Ward store asked one of its copywriters to create a Christmas story for kids that they could use as a promotion.

Approximately 14,700 people visit hospital emergency rooms each November and December from **holiday-related decorating accidents**. So please, be careful when you're putting up the holly & the ivy.

Mistletoe isn't just pretty. It's also an ancient symbol of fertility and virility—and the Druids considered it **an aphrodisiac**.





WINTER WARMERS

As the weather starts to cool down, we want to warm up, here are some hearty winter warmer ideas ...



Chicken Casserole



PREP:
10 mins

COOK:
30 mins



EASY



SERVES 4

INGREDIENTS

8 pickled walnuts, halved
50g butter
50ml oil
2 onions, sliced
250g lardons
25g flour
650g cooked chicken, shredded
200g carrots, sliced
700ml chicken stock
250ml white wine
100g frozen peas
Salt and black pepper

METHOD

Pre-heat oven to 180 C.

Heat the butter and oil in a shallow pan. Add the onions and lardons, fry until the onions have softened and lardons have browned.

Place in a casserole dish together with the chicken, walnuts and carrots.

Stir in the flour well and pour over the stock and wine. Season to taste.

Cover tightly and bake in the oven for approximately 20 mins.

Remove from the oven and stir in the frozen peas. Cover again and return to the oven for 10 mins.

Serve immediately with delicious crispy and buttered jacket potatoes.



WINTER WARMERS



Honest, down-to-earth, packed with flavour and full of tradition you can make it the day before and keep in the fridge overnight ...



Hearty Fish Pie



PREP:
1 hour



EASY

COOK:
45 mins



SERVES 6-8

INGREDIENTS

250g boneless white fish, such as pollack, filleted, skinned and cut into rough 3cm chunks
250g boneless salmon fillet, skinned and cut into rough 3cm chunks
250g boneless smoked fish fillet, skinned and cut into rough 3cm chunks
2 tbsp chopped parsley
1.5kg potatoes, peeled cooked and mashed
60g butter
20g fresh white breadcrumbs
20g grated cheddar
Milk

Sauce:

Half a litre fish stock
100ml white wine
50g butter
50g flour
180ml double cream
2 tsp English mustard
½ tbsp Worcestershire sauce
1 tsp anchovy essence
Salt and freshly ground white pepper

METHOD

Bring fish stock and white wine to boil together in large saucepan and poach fish gently for 2mins. Drain in a colander over a bowl and leave to cool.

Make the sauce. Melt butter in a thick-bottomed pan over a low heat, stir in flour. Gradually add the stock and wine the fish were poached in, stir well until it has all been added. Bring to the boil and simmer gently for 30mins. Add the double cream and continue to simmer for 10mins until sauce has thick consistency. Stir in mustard, Worcestershire sauce and anchovy essence. Season with salt and black pepper, leave to cool for 15mins.

Gently fold the cooked fish and parsley, and spoon into individual (or one large) pie dishes, filling them to 3cm from the top of the dish. Leave to set for 30mins so the mashed potato will sit on the sauce.

Mix butter into the mashed potato, season with a little salt and white pepper and add a little milk so that it is just soft enough to pipe, or spread with spatula.

Pre-heat oven to 175C bake for 30mins. Scatter on breadcrumbs and cheese then bake for a further 15mins until golden.





WINTER WARMERS

An easy vegan wellington made with mushrooms, lentils and spinach ...



Vegan Wellington



PREP:
20 mins

COOK:
25 mins



EASY



SERVES 8

INGREDIENTS

- 1 cup cooked spinach
- 1 1/3 cup lentils cooked, slightly mashed
- 1/2 cup walnuts blended into almost ground
- 500g mushrooms finely chopped
- 1 onion finely chopped
- 1 garlic clove minced
- 1 carrot finely chopped
- 3 tbsp oats
- 2 tsp soy sauce
- 1 1/2 tsp paprika
- 1 tbsp mixed herbs
- salt and pepper
- 1 puff pastry roll rectangular

SUBSTITUTIONS

Soy sauce: to make it gluten free use tamari sauce or you can omit it.

Walnuts: to make it nut free, you can omit the walnuts or use sunflower/pumpkin seeds.



METHOD

Sauté onion, garlic and onion in some olive oil for about 5/10 minutes. Add mushrooms and lentils and walnuts and cook for 5/10 minutes.

Season with mixed herbs, salt, pepper, soy sauce and cook for a few minutes more. Remove from the heat and add oats which will absorb some of the liquid. The filling has to be quite dry not soggy. Place the mixture on aluminium foil and roll it to form a log.

Take the puff pastry sheet and place the spinach in the middle on a strip, leaving space on all sides then place the filling on top and fold the sides over it. Make some cuts with a knife.

Bake at 190C for around 25 minutes, until golden. Slice and enjoy.

Goes well with some gravy

WINTER WARMERS



Quick, Simple & Nutritional

This dish is an easy quick-win which will fill you up and keep you going ...



Pasta Broccoli



PREP:
5 mins

COOK:
12 mins



EASY



SERVES 2

INGREDIENTS

300g fresh Conchiglie (shell shaped pasta)
half a broccoli head and stalk
1 garlic clove minced
4 sun-dried tomatoes in oil cut in stripes
a pinch chili flakes
Breadcrumbs to taste
Olive oil to taste

METHOD

Cut the whole broccoli into small pieces (the stalk too)
Then boil it in boiling water for 5 minutes.

Sauté minced garlic, sun dried tomatoes and chili flakes in some olive oil. Take out half of the broccoli with a spotted spoon and add them to the pan with some pasta water, mix to combine and keep cooking on low heat

Add the pasta to the same pasta water and cook for 5/6 minutes (according to the package instructions)

Drain everything and add it to the pan with some more pasta water and toss to combine creating a creamy sauce.

For the toasted breadcrumbs heat up some olive oil in a pan, add the breadcrumbs and cook until golden stirring continuously so they don't burn.

Serve the pasta and top with toasted breadcrumbs





LAUGHTER IS THE BEST MEDICINE



It's a cracker ...!



1. What did the wise men say after they offered up their gifts of gold and frankincense?
2. What do you get when you cross a snowman with a vampire?
3. What does Santa suffer from if he gets stuck in a chimney?
4. What do you call Santa when he stops moving?
5. What do snowmen eat for dessert?
6. How do you help someone who has lost their Christmas spirit?
7. What do you call an elf that runs away from Santa's workshop?
8. What do you call a reindeer ghost?
9. What is it called when a snowman has a temper tantrum?
10. Why are elves such great motivational speakers?
11. Why do reindeer like Beyoncé so much?
12. What reindeer game do reindeer play at sleepovers?
13. What did Santa say when he stepped into a big puddle?
14. What does Rudolph want for Christmas?
15. What is Santa's dog's name?
16. Where do Santa's reindeer stop for coffee?
17. What's every elf's favorite type of music?
18. What's the absolute best Christmas present?
19. What happens if you eat Christmas decorations?
20. What do Santa's elves learn in school?
21. What do you call an obnoxious reindeer?
22. What do grapes sing at Christmas?
23. What's the difference between the Christmas alphabet and the ordinary alphabet?
24. What did the gingerbread man put on his bed?
25. What do snowmen eat for breakfast?
26. Who is never hungry at Christmas?
27. What's as big as a Christmas tree but is lighter than a feather?
28. What did the Christmas tree do after its bank closed?
29. How do Christmas trees get their email?
30. Why did the Christmas tree go to the dentist?
31. What did Luke Skywalker say after he planted a Christmas tree farm?



LAUGHTER IS THE BEST MEDICINE



It's a cracker ...!



32. How did the two rival Christmas trees get along?
33. How do Christmas trees get ready for a night out?
34. What was the Christmas tree's favorite shape?
35. What is a Christmas tree's favorite candy?
36. Why are Christmas trees so fond of the past?
37. What do you call cutting down a Christmas tree?
38. Why are Christmas trees so bad at knitting?
39. What happens if you eat Christmas decorations?
40. Knock, knock! Who's there? Mary. Mary who?
41. Knock, knock! Who's there? Chris. Chris who?
42. Knock, knock! Who's there? Olive. Olive who?
43. Knock, knock! Who's there? Anna. Anna who?
44. Knock, knock! Who's there? Avery. Avery who?
45. Knock, knock! Who's there? Snow. Snow who?
46. Knock, knock! Who's there? Coal. Coal who?
47. Knock, knock! Who's there? Donut. Donut who?
48. Knock, knock! Who's there? Justin. Justin who?
49. Knock, knock! Who's there? Gladys. Gladys who?
50. Knock, knock! Who's there? Ho Ho. Ho Ho who?
51. What song do you sing at a snowman's birthday party? Freeze a jolly good fellow!
52. What's worse than a reindeer with a runny nose?
53. Why doesn't Santa eat junk food?
54. Which one of Santa's reindeer has the best moves?
55. How long are an elf's legs?





WORDSEARCH

Z Q X B E L O P H T R O N I P A X O S W
D S C R O O G E E U S E N A C Y D N A C
C H I M N E Y L T T A O V E C A S L L A
P A R T Y A V S B I I T C P H J Q S B N
R E I N D E E R M R N E E V R R M G V D
N J D E S V W E I I T L L S I H A N E L
O M E T Z P Q F S P N T U S S H S I S E
S I E A G V V F H S I S Y L T F G T S S
A D E R H G I U T P C I S L M S R E T N
E K K B R A J T A P H M D E A L R E N Q
S C A E M Y O S E O O H R B S E I R E G
B T C L A Y L G R S L P A H T I B G S P
R I T E W T L N W L A L C G R G K K E G
E D I C V S Y I B E S O F I E H U P R O
C I U P Q O K K C D J D J E E T S Y P N
N N R M C R T C H R S U K L R V F O A G
A G F S Y F N O E L E R J S L L E B I G
R S I D H T H T E C Y A D I L O H I T E
P U A I T T E S N I O P K F A I R I E S
C K I N D S G N I K C O T S T R A A T K

BELLS
CELEBRATE
HOLIDAY
PARTY
SPIRIT
TIDINGS
FRUITCAKE
WREATH
ELVES
NORTHPOLE
SLED
PRANCER
PRESENTS

CANDLES
FROSTY
MERRY
SCROOGE
STOCKINGSTUFFERS
CANDYCANES
MISTLETOE
CHRISTMASTREE
FAIRIES
REINDEER
SLEIGH
SAINTNICHOLAS

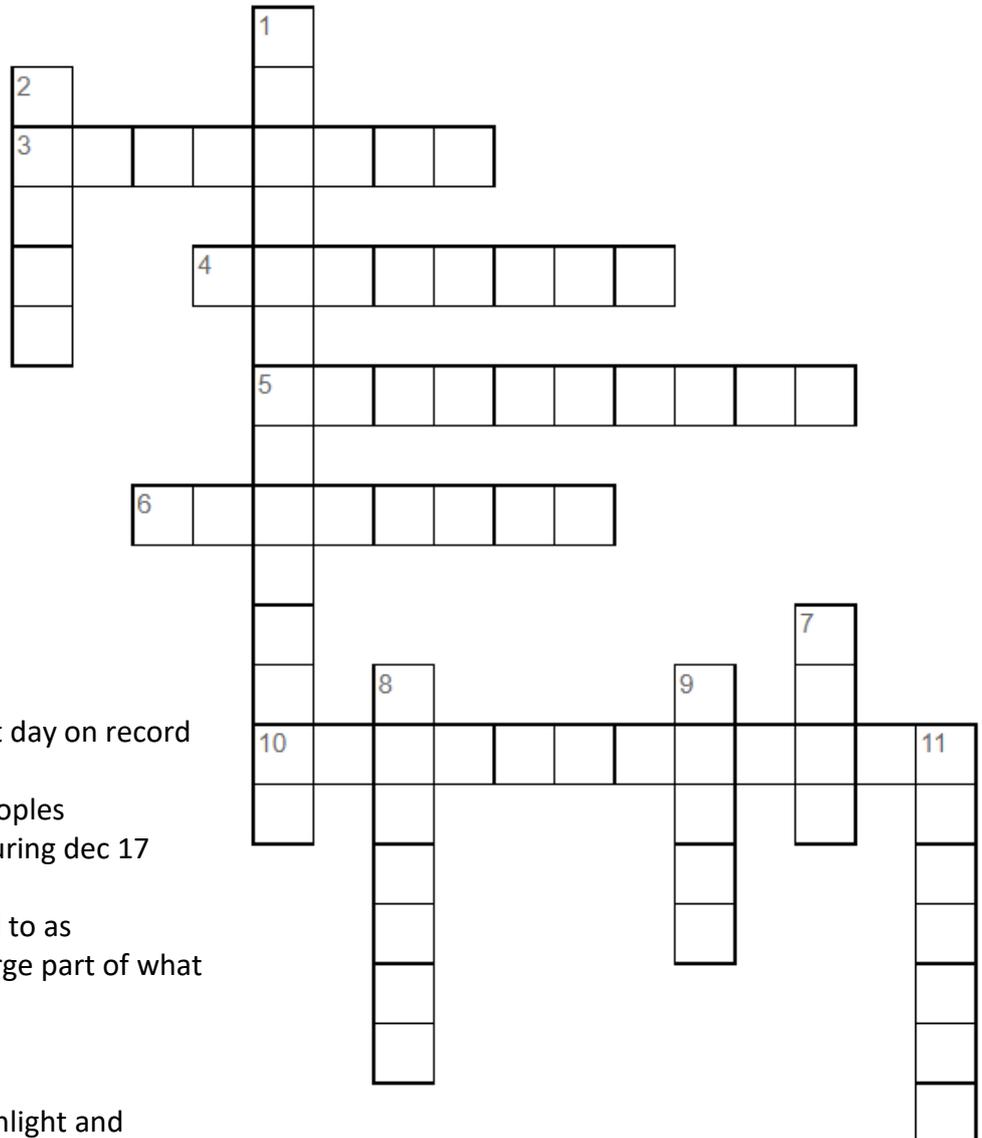
CARDS
GREETINGS
NOEL
SEASON
STOCKINGS
EGGNOG
POINSETTIA
CHIMNEY
JOLLY
RUDOLPH
SLEIGHBELLS
YULE



CROSSWORD



YULE



Across

- 3 which city has the shortest day on record in the world
- 4 was a tradition of what peoples
- 5 what roman festival ran during dec 17 - dec 23
- 6 this season is also referred to as
- 10 yule customs are now a large part of what major religion

Down

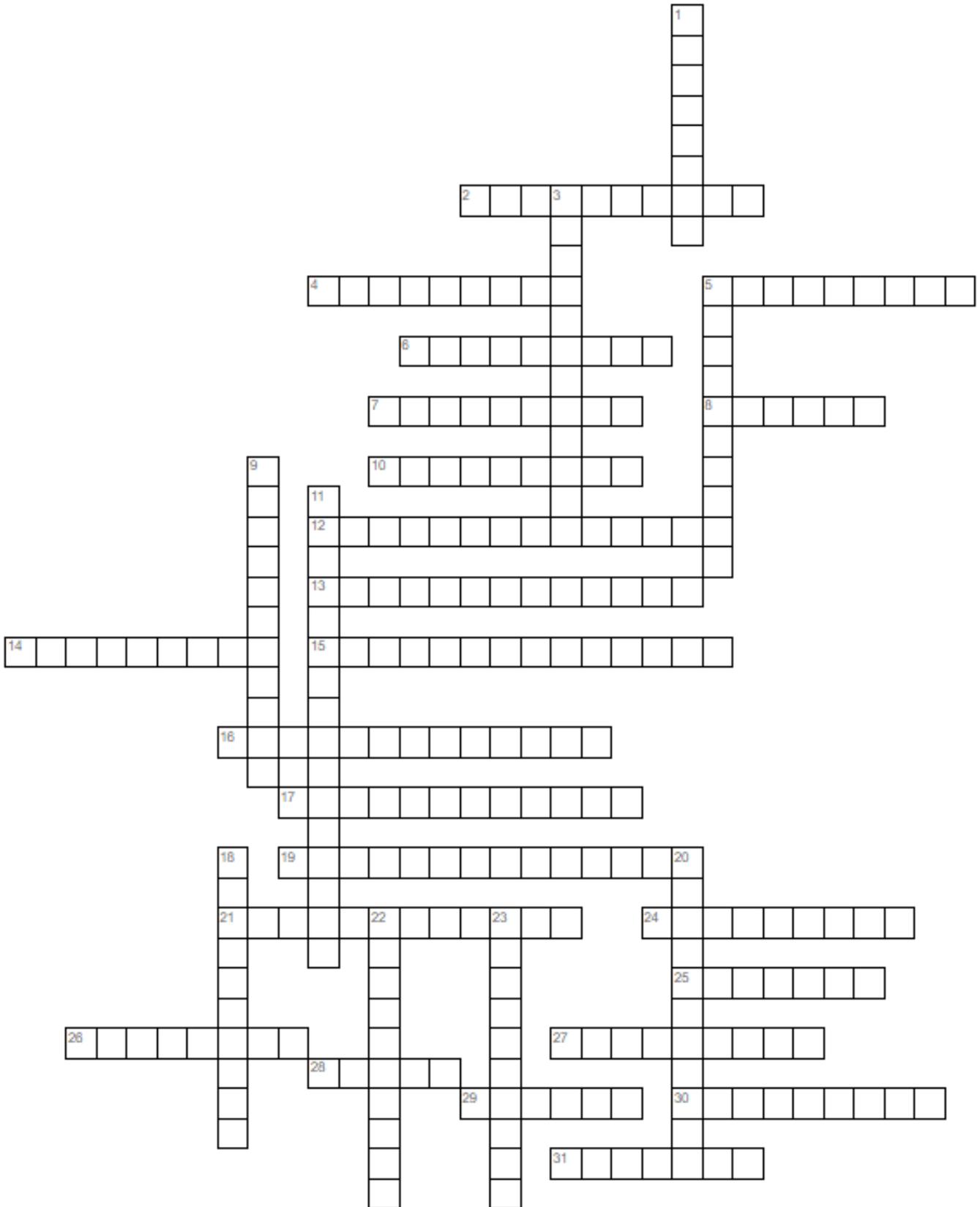
- 1 the shortest amount of sunlight and longest day of the year
- 2 yule ham was offered to what germanic god
- 7 norse god of the season
- 8 according to folklore, yule brings what super natural event
- 9 the iranian people celebrate _____ this at this time of year
- 11 a huge block of wood meant to last days





CROSSWORD

Environment



CROSSWORD



Across

- 2 an attack consists of fighting back against the people who have attacked you
- 4 to break down (organic matter) or (of organic matter) to be broken down physically and chemically by bacterial or fungal action; rot
- 5 a harmful chemical or waste material discharged into the water or atmosphere
- 6 the state of being kept imprisoned or enclosed
- 7 the fact that it is present in the world as a real thing, being
- 8 unsusceptible (to) or secure (against)
- 10 an instance of cleaning something, esp its surface
- 12 insuperable, impossible, overwhelming, hopeless
- 13 rain, snow, sleet, dew, etc, formed by condensation of water vapour in the atmosphere
- 14 a system of keeping animals in which they can move and feed freely on an area of open ground.
- 15 more people living there than can be supported properly
- 16 unparalleled, unheard-of, exceptional, new
- 17 the existence of a wide variety of plant and animal species living in their natural environment.
- 19 they are weak and unhealthy because they have not been eating enough food or the right kind of food, underfed
- 21 something that you do to help produce or achieve something together with other people, or to help make something successful
- 24 delighted, happy, pleased, thrilled
- 25 the system by which people are owned by other people as slaves
- 26 the amount of rain that falls in a place during a particular period
- 27 present or noticeable in every part of a thing or place, widespread, general, common, extensive
- 28 necessary or very important, crucial, essential
- 29 difficult or needing a lot of thought or effort, demanding
- 30 smth is so difficult that it is impossible to solve it, complicated
- 31 a long period when there is little or no rain

Down

- 1 the process of bearing offspring; reproduction
- 3 mediation, involvement, interference, intrusion
- 5 chemicals which farmers put on their crops to kill harmful insects
- 9 ubiquitous, ever-present, somewhere, anywhere, everywhere
- 11 excessive, too much, unreasonable, uneven
- 18waste or materials can be processed and used again.
- 20 very shocking, upsetting, or terrible, disturbing
- 22 unavoidably, naturally, necessarily, surely
- 23 relentlessly, inevitably, irresistibly, remorselessly





NUMBER PATTERNS

Find the missing numbers. Check the patterns carefully, work out each blank number, then underneath explain what each pattern consists of.

This can be additions, subtractions or both...

GROUP PATTERN (A)

6, 14, __, __, 38, 46, ...

__, __, 10, 14, 18, 22, ...

-8, -2, 4, 10, __, __, ...

7, 16, 25, 34, __, __, ...

-9, -1, __, __, 23, 31, ...

__, __, 19, 25, 31, 37, ...

-5, 0, 5, 10, __, __, ...

-1, 6, __, __, 27, 34, ...

GROUP PATTERN (B)

4, 10, 16, 22, __, __, ...

__, __, 19, 27, 35, 43, ...

8, 15, __, __, 36, 43, ...

-7, 0, 7, 14, __, __, ...

1, 7, 13, 19, __, __, ...

4, 6, 8, 10, __, __, ...

__, __, 22, 30, 38, 46, ...

-6, -1, 4, 9, __, __, ...

GROUP PATTERN (C)

-3, 5, 13, 21, __, __, ...

-2, 2, __, __, 14, 18, ...

__, __, 6, 13, 20, 27, ...

__, __, 10, 19, 28, 37, ...

7, 10, 13, 16, __, __, ...

__, __, -5, -3, -1, 1, ...

2, 9, __, __, 30, 37, ...

__, __, 17, 25, 33, 41, ...



DID YOU KNOW...



Striving to learn something new every day is a great way to keep your mind active. You'll be surprised how many facts you are capable of maintaining.

Information retrieval helps us exercise our brains...

- ⇒ a matchbox filled with gold could be flattened into a sheet the size of a tennis court
- ⇒ Jamaica has 120 rivers
- ⇒ cats urine glows under a blacklight
- ⇒ white cats with blue eyes are usually deaf
- ⇒ cats have a peripheral vision of 285 degrees
- ⇒ small dogs usually live longer than larger breeds
- ⇒ domestic cats dislike citrus scents
- ⇒ cats can jump up to 7 times their tail length
- ⇒ China manufactures 70% of the worlds toys
- ⇒ The Great Wall of China is approximately 6,430 Km long (3,995 miles)
- ⇒ paper originated from China
- ⇒ the wheelbarrow is invented in China
- ⇒ tree hugging is forbidden in China
- ⇒ the film 'Mary Poppins' was filmed entirely indoors
- ⇒ all of the clocks in the movie 'Pulp Fiction' are fixed to 4:20
- ⇒ instant coffee was invented in 1901
- ⇒ the human body of a 70 kg person contains 0.2mg of gold
- ⇒ rice is the staple food for 50% of the worlds population
- ⇒ Pearls melt in vinegar
- ⇒ only hard boiled eggs spin (uncooked or soft boiled don't)
- ⇒ there is no butter in buttermilk
- ⇒ giraffes and rats can last longer without water than camels
- ⇒ the dot on top of the letter 'i' is called a tittle
- ⇒ the electric chair was invented by a dentist
- ⇒ you're more likely to be killed by a champagne cork than by a poisonous spider





WORD OF THE DAY

Your mission is to use one of these words during your day...

1. **mehndi** [pronounced: men-dee]
The art or practice of painting elaborate patterns on the skin with henna
2. **decalcomania** [pronounced: dih-kal-kuh-mey-nee-uh]
The art or process of transferring pictures or designs from specially prepared paper to wood, metal, glass etc
3. **netsuke** [pronounced: net-skee]
A small figure of ivory, wood, metal, or ceramic, originally use as a buttonlike fixture on a mans sash, from which small persona belongings were hung
4. **Ganymede** [pronounced: gan-uh-meed]
The largest moon of the planet Jupiter
5. **mansuetude** [pronounced: man-swi-tood]
Mildness, gentleness
6. **trothplight** [pronounced: trawth-plahyt]
Engagement to be married, betrothal
7. **succotash** [pronounced: suhk-uh-tash]
A cooked dish of kernels of corn mixed with shell beans, especially lima beans, and often, with green and sweet red peppers
8. **génoise** [pronounced: zheyn-wahz]
A light yellow cake made with eggs and butter and typically layered, filled, and frosted or made into petits fours for serving
9. **olfaction** [pronounced: ol-fak-shuhn]
The act of smelling



SUDOKU



Find the missing numbers. A number can only occur once in a row, column or square. To solve, look for open spaces where its row, column and square already have enough other numbers filled to tell you the correct value...

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 3 | | 2 | 7 | | 5 | | 4 | 6 | | | | | | |
| 5 | | 1 | 6 | 4 | 3 | | 8 | | | | | | | |
| 8 | 6 | | 1 | 2 | 9 | | 5 | 7 | | | | | | |
| 7 | 3 | | | | 2 | 5 | 6 | | | | | | | |
| | 5 | 8 | | | 7 | 2 | 1 | | | | | | | |
| | 2 | 6 | 5 | 9 | | 7 | | 8 | | | | | | |
| | | 3 | 9 | 7 | 1 | 8 | 2 | 5 | | | 1 | 7 | | 6 |
| 2 | | 7 | | | 8 | | 9 | 3 | 4 | 7 | 8 | 2 | 5 | 1 |
| | 8 | 5 | | 3 | 6 | | 7 | | 5 | 6 | | | | 9 |
| | | | | | | | 4 | | | 9 | | | | 3 |
| | | | | | | | 2 | 5 | | | 1 | 7 | 9 | 4 |
| | | | | | | | 3 | | | 8 | 4 | 5 | | 7 |
| | | 1 | | 6 | | 3 | | 4 | | 5 | 9 | 6 | | 2 |
| 3 | | 9 | | 7 | | | | 2 | 7 | 4 | | 1 | 9 | |
| 8 | | 6 | | | 2 | 7 | 1 | 9 | 8 | | 6 | | 3 | 5 |
| | 2 | | 1 | 5 | | | 7 | | | | | | | |
| 6 | 9 | | 2 | 8 | 7 | 4 | 3 | | | | | | | |
| 1 | 3 | 7 | 4 | 9 | 6 | 8 | 2 | | | | | | | |
| 5 | 1 | | | 2 | 8 | 6 | | 3 | | | | | | |
| | 8 | | | 1 | 4 | 2 | 5 | | | | | | | |
| | 6 | 2 | | 3 | 5 | 1 | 4 | | | | | | | |





CHRISTMAS TRIVIA

1. How many gifts in total were given in "The Twelve Days of Christmas" song?
2. Which fairy tale was the first gingerbread houses inspired by?
3. In the movie A Christmas Story, what was the name of the neighbours whose dog ate the Christmas turkey?
4. How do you say "Merry Christmas" in Spanish?
5. Where did the word and idea "Christmukkah" come from?
6. What is the name of the last ghost that visits Scrooge in A Christmas Carol?
7. Visions of which food danced in children's heads as they slept in the poem "'Twas The Night Before Christmas?"
8. What gift did the Little Drummer Boy give to the newborn Christ?
9. What is the best-selling Christmas song ever?
10. Who wrote, "Christmas doesn't come from a store, maybe Christmas perhaps means a little bit more?"
11. Three of Santa's reindeer's names begin with the letter "D." What are those names?
12. What was Frosty the Snowman's nose made out?
13. What is the name of George Bailey's guardian angel in It's A Wonderful Life?
14. In the 1964 movie Rudolph the Red-Nosed Reindeer, what was the name of Rudolph's elf friend?
15. What popular Christmas song was actually written for Thanksgiving?
16. In the movie Elf, how does Buddy get to the North Pole?
17. Where did there arise such a clatter?
18. What are Christmas trees also called?





MSV CONSULTATIONS

Over the coming months in the New Year, MSV Housing will be conducting several **CONSULTATIONS** with our customers. These informal events are essential to get your opinions and feedback on a variety of topics which will enable us to provide you, our customers, with the best possible service.

Together we can make a difference

REPAIRS CONSULTATION ROADSHOW

Following on from the successful consultations we did on the revised complaint policy and the proposed satisfaction measures the Regulator for Social Housing will use from the beginning of the next financial year. We're planning consultations on the repairs service and the way we manage planned replacements such as bathrooms and kitchens.

We are undertaking a roadshow to hear what's important to you about the repairs service focused around how we communicate with you. We are also planning a consultation with as many customers who have had or are having their kitchens or bathrooms replaced this year (**PLANNED WORKS CONSULTATION**). We want to improve the way we do things in both areas, so when you get an invitation, feel free to attend the session we have arranged.

> **MSV MERGER WITH GREAT PLACES**

> **MOSS SIDE DEVELOPMENT CONSULTATION**

NIBBLES N NATTER CUSTOMER FORUM

Our customer forum 'Nibbles n Natter' is an opportunity for our customers to talk to our Senior Leaders, including Chief Executive and Directors, about issues affecting them. You will get direct answers and actions for anything you raise.

We will be using our next two Nibbles n Natter events as an opportunity to discuss Repairs, damp and mould. You will also have an opportunity to discuss other consultations including Planned Works, MSV Merger with Great Places and Moss Side Development. If you are unable to attend an event, you can email your queries to:

nibblesnatter@msvhousing.co.uk

15 February, 6pm

Deeplish Community Centre, Rochdale

15 March, 6pm

Jean Byers Community HUB, Bredbury

(more dates to follow)

www.msvhousing.co.uk/your-community/get-involved/nibbles-n-natter



Join Rainbow Roofs our LGBT+ Customer Group

As a proud member of HouseProud, we have partnered with other North West housing providers to create our LGBT+ customer group 'Rainbow Roofs'.

Meeting once a month, the group focuses on raising the voices of LGBT+ customers and issues impacting them. So far the group have explored:

- Hate crime and its impact on LGBT+ people
- Housing for older LGBT+ people
- LGBT+ calendar of events
- LGBT+ training for MSV colleagues

ALL WELCOME We are looking for MSV customers to represent us at this important group, whether you identify as LGBT+, or are someone who wants to support the amazing work being done. We are especially looking for any younger members who would like to lend their voice on matters affecting and impacting them.

Could our next member be you?

Contact Cath Coombe for more information

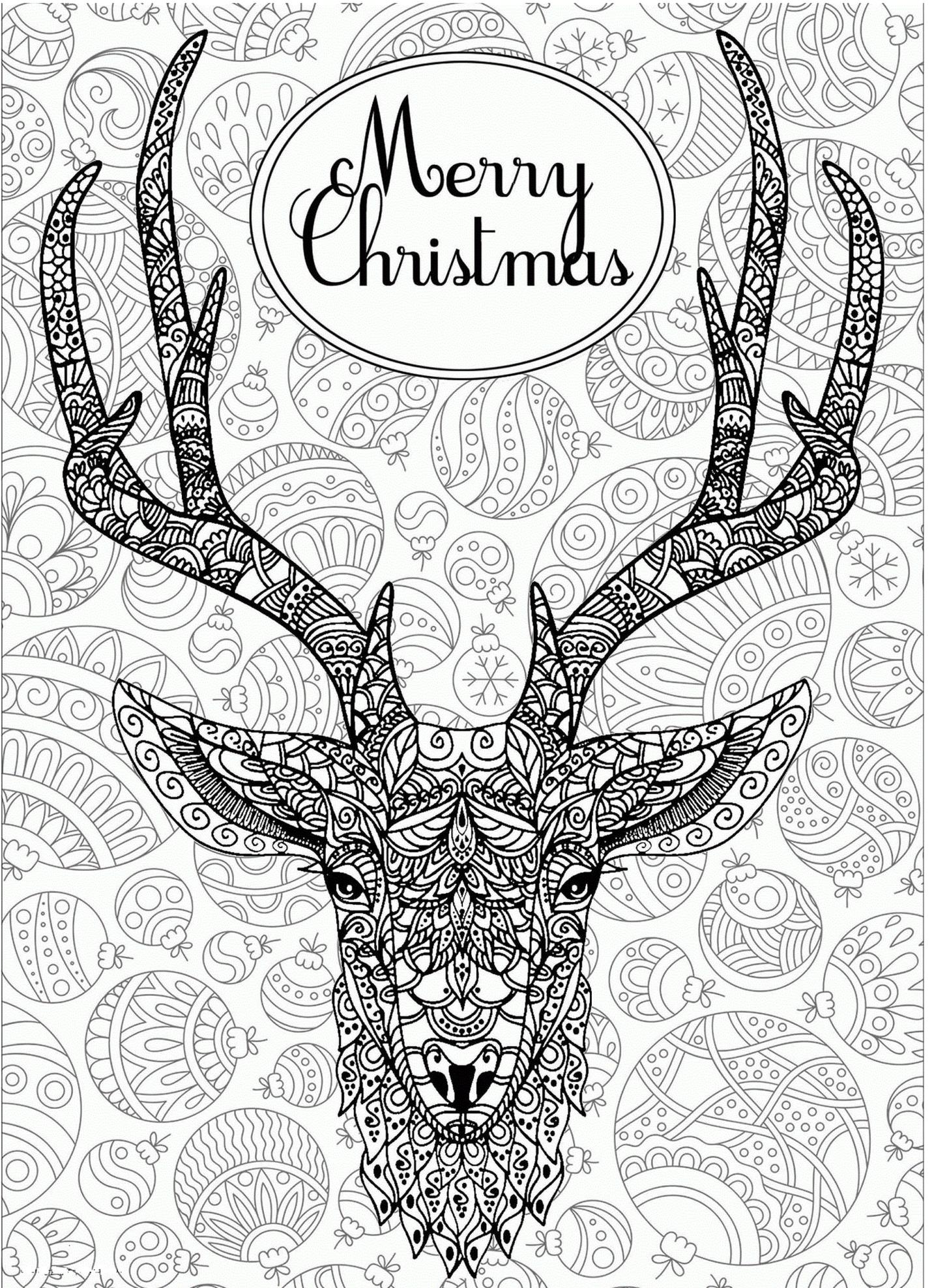
07876 841 977

Catherine.Coombe@msvhousing.co.uk



HouseProud

Merry
Christmas









QUIZ ANSWERS

spoiler alert:
answers are from this point forward

1. Wait, there's myrrh.
2. Frostbite.
3. Claus-trophobia!
4. Santa Pause.
5. Ice crispies.
6. Nurse them back to elf.
7. A rebel without a Claus!
8. Cari-boo!
9. A meltdown.
10. They have plenty of elf-confidence.
11. She sleighs.
12. Truth or deer.
13. It must have reindeer.
14. A Pony sleigh station.
15. Santa Paws!
16. Star-bucks!
17. Wrap!
18. A broken drum — you can't beat it!
19. You get tinsel-it is.
20. The elf-abet.
21. Rude-olph.
22. 'Tis the season to be jelly.
23. Christmas alphabet has Noel.
24. A cookie sheet!
25. Ice Crispies.
26. The turkey—he's always stuffed.
27. Its shadow.
28. It started his own branch.
29. They log-on.
30. It needed a root canal!
31. May the forest be with you!
32. They signed a peace tree-ty!
33. They spruce up!
34. A treeangle!
35. Orna-mints!
36. Because the present's beneath them.
37. Christmas chopping!
38. They have too many needles.
39. You get tinsel-it is.
40. Mary Christmas!
41. Christmas is here!
42. Olive Christmastime, don't you?
43. Anna partridge in a pear tree.
44. Avery merry Christmas to you!
45. Snow time to waste. It's almost Christmas!
46. Coal me if you hear Santa coming.
47. Donut open til Christmas!
48. Justin time for Christmas cookies!
49. Gladys Christmas!
50. Freeze a jolly good fellow!
51. A snowman with a fever!
52. Because it's bad for your elf!
53. Dancer!
54. Just long enough to reach the ground!

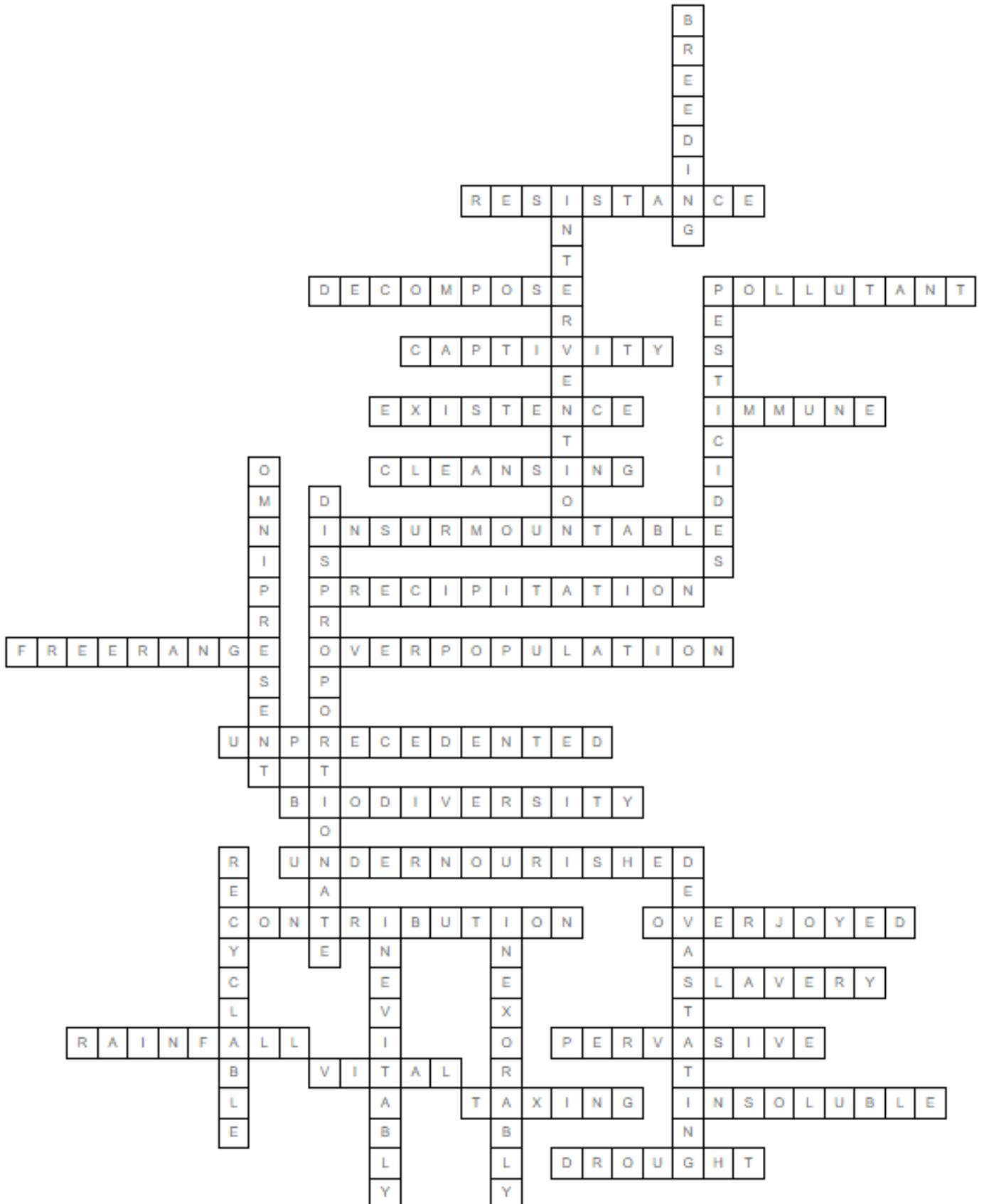
ANSWER

WORD SEARCH

Z Q X B E L O P H T R O N I P A X O S W
D S C R O O G E E U S E N A C Y D N A C
C H I M N E Y L T T A O V E C A S L L A
P A R T Y A V S B I T C P H J Q S B N
R E I N D E E R M R N E E V R R M G V D
N J D E S V W E I I T L L S I H A N E L
O M E T Z P Q F S P N T U S S H S I S E
S I E A G V V F H S I S Y L T F G T S S
A D E R H G I U T P C I S L M S R E T N
E K K B R A J T A P H M D E A L R E N Q
S C A E M Y O S E O O H R B S E I R E G
B T C L A Y L G R S L P A H T I B G S P
R I T E W T L N W L A L C G R G K K E G
E D I C V S Y I B E S O F I E H U P R O
C I U P Q O K K C D J D J E E T S Y P N
N N R M C R T C H R S U K L R V F O A G
A G F S Y F N O E L E R J S L L E B I G
R S I D H T H T E C Y A D I L O H I T E
P U A I T T E S N I O P K F A I R I E S
C K I N D S G N I K C O T S T R A A T K

ANSWER

CROSSWORD



GROUP PATTERN (A)

6, 14, 22, 30, 38, 46, ...2, 6, 10, 14, 18, 22, ...-8, -2, 4, 10, 16, 22, ...7, 16, 25, 34, 43, 52, ...-9, -1, 7, 15, 23, 31, ...7, 13, 19, 25, 31, 37, ...-5, 0, 5, 10, 15, 20, ...-1, 6, 13, 20, 27, 34, ...

GROUP PATTERN (B)

4, 10, 16, 22, 28, 34, ...3, 11, 19, 27, 35, 43, ...8, 15, 22, 29, 36, 43, ...-7, 0, 7, 14, 21, 28, ...1, 7, 13, 19, 25, 31, ...4, 6, 8, 10, 12, 14, ...6, 14, 22, 30, 38, 46, ...-6, -1, 4, 9, 14, 19, ...

GROUP PATTERN (C)

-3, 5, 13, 21, 29, 37, ...-2, 2, 6, 10, 14, 18, ...-8, -1, 6, 13, 20, 27, ...-8, 1, 10, 19, 28, 37, ...7, 10, 13, 16, 19, 22, ...-9, -7, -5, -3, -1, 1, ...2, 9, 16, 23, 30, 37, ...1, 9, 17, 25, 33, 41, ...

ANSWER

SUDOKU

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 3 | 9 | 2 | 7 | 8 | 5 | 1 | 4 | 6 | | | | | | |
| 5 | 7 | 1 | 6 | 4 | 3 | 9 | 8 | 2 | | | | | | |
| 8 | 6 | 4 | 1 | 2 | 9 | 3 | 5 | 7 | | | | | | |
| 7 | 3 | 9 | 8 | 1 | 2 | 5 | 6 | 4 | | | | | | |
| 4 | 5 | 8 | 3 | 6 | 7 | 2 | 1 | 9 | | | | | | |
| 1 | 2 | 6 | 5 | 9 | 4 | 7 | 3 | 8 | | | | | | |
| 6 | 4 | 3 | 9 | 7 | 1 | 8 | 2 | 5 | 9 | 3 | 1 | 7 | 4 | 6 |
| 2 | 1 | 7 | 4 | 5 | 8 | 6 | 9 | 3 | 4 | 7 | 8 | 2 | 5 | 1 |
| 9 | 8 | 5 | 2 | 3 | 6 | 4 | 7 | 1 | 5 | 6 | 2 | 3 | 8 | 9 |
| | | | | | | 1 | 4 | 7 | 6 | 9 | 5 | 8 | 2 | 3 |
| | | | | | | 2 | 5 | 8 | 3 | 1 | 7 | 9 | 6 | 4 |
| | | | | | | 9 | 3 | 6 | 2 | 8 | 4 | 5 | 1 | 7 |
| 2 | 7 | 1 | 5 | 6 | 9 | 3 | 8 | 4 | 1 | 5 | 9 | 6 | 7 | 2 |
| 3 | 4 | 9 | 8 | 7 | 1 | 5 | 6 | 2 | 7 | 4 | 3 | 1 | 9 | 8 |
| 8 | 5 | 6 | 3 | 4 | 2 | 7 | 1 | 9 | 8 | 2 | 6 | 4 | 3 | 5 |
| 4 | 2 | 8 | 1 | 5 | 3 | 9 | 7 | 6 | | | | | | |
| 6 | 9 | 5 | 2 | 8 | 7 | 4 | 3 | 1 | | | | | | |
| 1 | 3 | 7 | 4 | 9 | 6 | 8 | 2 | 5 | | | | | | |
| 5 | 1 | 4 | 7 | 2 | 8 | 6 | 9 | 3 | | | | | | |
| 9 | 8 | 3 | 6 | 1 | 4 | 2 | 5 | 7 | | | | | | |
| 7 | 6 | 2 | 9 | 3 | 5 | 1 | 4 | 8 | | | | | | |

1. 364
2. Hansel and Gretel
3. The Bumpuses
4. Feliz Navidad
5. The O.C.
6. The Ghost of Christmas Yet To Come
7. Sugar plums
8. He played a song for him on his drums
9. "White Christmas" by Bing Crosby
10. Dr. Seuss
11. Dancer, Dasher, and Donner
12. A button
13. Clarence Odbody
14. Hermey
15. "Jingle Bells"
16. He hides in Santa's sack
17. On the lawn
18. Yule-Tree



Stronger Together