

# 10 Tips

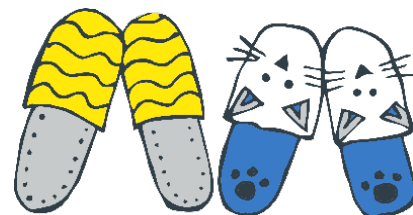


## to lower your energy bills



### 1 Turn your thermostat down by 1 degree

Most people set thermostats at 20°C - 21°C. Try dropping this down to 19°C to save money. According to the Energy Saving Trust, going from 20°C to 19°C can cut your heating bill by 10%. That could be up to £145 every year.



### 2 Reduce your boiler flow temperature

The flow temperature can be found on the front of your boiler and may have an icon of a radiator next to the dial. Turn this anti clockwise slightly to reduce the boiler temperature which could save up to 6% on your energy use.



### 3 Move your furniture away from radiators

Big items of furniture such as a sofa, or a bed can stop the heat from a radiator reaching the rest of the room - moving them just an inch or two away will make a difference.



### 4 Wash your clothes at a lower temperature

Most of us wash at 40°C, but modern washing powders work well at temperatures as low as 20°C. Try making 30°C your standard wash for some items of laundry to save more money.



### 5 Keep the heat in by closing the curtains at night

Closing all the curtains or blinds in your home at night, is a simple but effective way of stopping heat loss – especially if you have older windows.

### 6 Switch off the lights

Little things can add up to real savings over the long term. Leaving a light on in an empty room won't cost you much, but always remembering to switch them off when you leave a room can help bring your annual electricity bill down.



## Avoid opening the oven door while cooking

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When you open the oven door, some of the heat escapes, meaning your oven needs to use more energy to reach the right temperature again. Getting into the habit of using the oven's window can help save money over time.

## Dry your clothes more efficiently

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Tumble dryers are handy but energy hungry. If you can, dry your laundry outside. If you dry on a radiator, hang clothes nearby on a clothes rack, rather than on the radiator. Wet clothes cool the radiator, which makes your boiler work harder. If you do need to use the tumble dryer, use the auto-dry setting rather than a timed cycle.

## Bleed your radiators

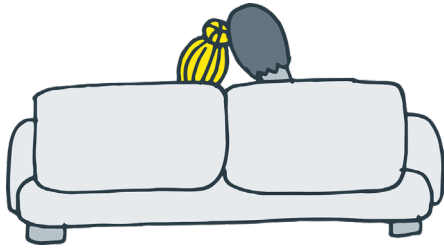
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This sounds a bit technical, but it's surprisingly simple and can make your heating system more efficient. If you have cold spots on your radiator, bleeding them can really help. Find out how to do this using our Quick Fix Video (see link below).

## Switch off preheat on your combi boiler

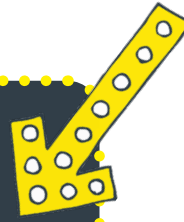
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Should you have one of our newer combi boilers, they come fitted with a preheat option. This means you get hot water a little quicker at the tap, unfortunately this feature does use extra energy, check your boiler's manual for instructions on how to turn it off.



You can ask one of our engineers to show you how to carry out any of the above tips at your next service. Or check our website for further tips.

Visit [msvhousing.co.uk](https://msvhousing.co.uk)  
to find our Quick Fix Videos



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